

**PROGRAMME LISTINGS**

On-air Tuesday 18<sup>th</sup> – Friday 21<sup>st</sup> November 2025

**Tuesday 18<sup>th</sup> November**

**10:00-11:00**

**EYR Launch Mix**

**Sponsored by:** VACGEN Ltd

[www.vacgen.com](http://www.vacgen.com)

01323 924050

Eastbourne Youth Radio is back! Celebrating 25 incredible years on air! Broadcasting live from the studios at East Sussex College, Eastbourne, our Creative Media students are kicking things off with a special anniversary edition of the EYR launch mix. Tune in for an hour packed with music, conversation, and a sneak peek at the exciting shows lined up over the next four days. Huge thanks to VACGEN our lead sponsor for 2025 😊 Here's to 25 years of EYR - and the sound of the next generation! Stay tuned!

**11:00-12:00**

**East Sussex College**

**Sponsored by:** Rotary Club of Eastbourne

[www.eastbournerotary.org.uk](http://www.eastbournerotary.org.uk)

07761 816838

A look back at the history of EYR that launched for 2-days back in 2001 with support from the team at Inverse Communications. *"This was a marvelous opportunity for the students to gain first-hand experience of working to the constraints of radio and meeting real deadlines"*, wrote one secondary teacher at the time. This is still true today and we will be speaking to some of our former EYR alumni who are now successfully working in the media industry.

**12:00-13:00**

**The Haven School**

**Supported by:** East Sussex Fire & Rescue Service

[www.esfrs.org](http://www.esfrs.org)

01323 462427

This year our show is all about Responsibility. We will be talking about different areas of school life where this core value comes to the fore. From Personal Assistants to House Captains, Worship Leaders and Librarians, join us as we discuss the impact of our various roles and responsibilities in school and beyond. In partnership with our sponsor the East Sussex Fire and Rescue Service, we will be thinking about responsibility in relation to staying safe at home and beyond. There will of course be a good measure of our favourite school songs – mostly on theme.

**13:00-14:00**

**Skippers Hill Manor Prep**

**Supported by:** Soren Learning Solutions

07890 388624

Welcome to Skippers Hill Time...in our show we will be bringing you music, information about anti-bullying, poems and songs from our wonderful Skippers children. We will be testing some of our staff members on how much they know in their subject areas (well loosely related to their subject areas but they don't know that). We will be looking at the 18th November and finding out why it is an important day (we believe it is the birthday of a very famous mouse) and much much more, so turn on, tune in and enjoy the show.

**14:00-15:00**

**East Sussex College**

**Sponsored by:** Insight6

[www.insight6.com/region/sussex](http://www.insight6.com/region/sussex)

07710 394729

We continue to celebrate the career journeys and achievements of former EYR alumni with stories from the worlds of radio broadcasting, TV, journalism and film - there's a BAFTA winner out there and others. Plus, load more great music.

**15:00-16:00**

**East Sussex College**

**Sponsored by:** Switchplane

[www.switchplane.com](http://www.switchplane.com)

07539 815909

More interviews with EYR alumni to hear about what they've done since leaving East Sussex College (or, previously, Sussex Downs College). Plus, join the team at Switchplane for a fun and inspiring look at what it's like to work for a software engineering company right here in Eastbourne! Through chats with their senior software developer,

graphic designer, HR officer, and operations manager, you'll discover what each person does to help the business run smoothly. You'll also pick up some great tips on how you could follow a similar career path in the future!

**16:00-17:00**

**East Sussex College**

***Sponsored by:*** Eastbourne Lottery

[www.eastbournelocalottery](http://www.eastbournelocalottery)

More did you say – well yes, there have been so many to catch with. Hear their stories with great music past and present.

**17:00-18:00**

**East Sussex College**

***Sponsored by:*** The People Matter Trust

[www.people-matter.org.uk](http://www.people-matter.org.uk)

01323 431289

25-years of Eastbourne Youth Radio! Can you believe it's been some 1100 hours on-air and more than 30,000 'learning experiences' with some students participating at primary, secondary and the post-16 level – many on-air in the studios and so many more working behind the scenes to plan and prepare material. All of this would not have been possible without the support of the hundreds of business and community organisations who sponsored their programmes. Thank You. A fond look back at the years, the people that made it, the news, and the music.

**18:00-19:00**

**East Sussex College**

***Sponsored by:*** Trafalgar Theatres

[www.eastbournetheatres.co.uk](http://www.eastbournetheatres.co.uk)

01323 415508

Our look back continues with more great music – did you know that you can 'listen back' to shows from recent years at [www.eyr.org.uk](http://www.eyr.org.uk) – you can listen live now too. In the good old days, we had to provide schools with CD copies and more distant relatives would often drive to Eastbourne to listen to family members live on-air on 87.7FM. Happy days!

**19:00-20:00**

**East Sussex College**

***Sponsored by:*** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Music, documentaries, interviews and reports all made by the media students at East Sussex College. Topics this year include knife crime, Formula One, University – worth it or not

**20:00-22:00**

**East Sussex College**

***Sponsored by:*** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Continuing with music, more documentaries, interviews and reports from the college media students.

**22:00-00:00**

**East Sussex College**

***Sponsored by:*** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Thanks for being there. Continuing with our audio magazine of items for your entertainment into the night. Mug of tea anyone!

## **Wednesday 19<sup>th</sup> November**

**00:00-04:00**

**East Sussex College**

***Sponsored by:*** Eastbourne EBP

[www.eastbourneebp.org.uk](http://www.eastbourneebp.org.uk)

07958 559600

Happy Wednesday and welcome to our second day on-air for this 25<sup>th</sup> anniversary broadcast. More for the night owls from the college media students to keep you entertained and awake!

**04:00-07:00**

**East Sussex College**

***Sponsored by:*** Coda Pharmacy

[www.codapharmacy.co.uk](http://www.codapharmacy.co.uk)

01323 924038

Counting down to the start of another day of fabulous programs on EYR supported by our local friends at Coda Pharmacy.

**07:00-08:00**

**East Sussex College**

**Supported by:** Thorndale Furnishers

[www.thorndalefurnishers.co.uk](http://www.thorndalefurnishers.co.uk)

01323 847759

Start your day with the Wednesday Breakfast Show brought to you by hosts Elizabeth, Lucy and Connie – no lie in for these students! Many thanks to our sponsors Thorndale Furnishers based in Hailsham. Enjoy a mix of music, lively conversation and a look ahead to EYR's 25<sup>th</sup> anniversary celebrations. Wake up with great tunes and good company on 87.7FM

**08:00-09:00**

**East Sussex College**

**Sponsored by:** Lansdowne Hotel

[www.lansdowne-hotel.co.uk](http://www.lansdowne-hotel.co.uk)

01323 725174

It's so good, we're extending our breakfast show to a second hour for later arrivals. Hear what's going to be coming up at the Lansdowne Hotel as annual festivities approach. Family owned since 1912 the hotel is ideally situated for a short break in Eastbourne.

**09:00-10:00**

**East Sussex College**

**Supported by:** RotaryAM

[www.eastbourneam.org](http://www.eastbourneam.org)

07951 203873

Always a favourite in the EYR schedule – Raph's Film Show. Music from some of the great films over the years and an interview with Tim from the British Film Institute and Dom from The Crossing the Screen International Film Festival (sounds like a double act!).

**10:00-11:00**

**Heron Park Primary Academy**

**Sponsored by:** Eastbourne Carnival

[www.eastbournecarnival.com](http://www.eastbournecarnival.com)

07958 559600

Heron Park Primary Academy is proud to take part in Eastbourne Youth Radio, sponsored by Eastbourne Carnival. Our broadcast will celebrate the vibrant spirit of our school and community, featuring student-led interviews, music, and stories that highlight creativity, kindness, and local pride. We'll explore the theme of celebration, linking it to Eastbourne Carnival's joyful atmosphere, and share how our pupils embrace diversity and teamwork. Tune in to hear our young voices shine as they showcase what makes Heron Park a special place to learn, grow, and connect.

**11:00-12:00**

**Bede's Prep**

**Sponsored by:** Enterprise Shopping Centre

[www.enterprise-centre.org](http://www.enterprise-centre.org)

01323 639504

Bede's Prep is hosting a live radio broadcast you won't want to miss. Our special hour, proudly sponsored by The Enterprise Centre, is packed with entertainment for everyone. Listen in for great live music, hilarious jokes, fun quizzes, and a ton of fascinating fun facts. It's guaranteed to be an hour of pure fun and excitement! Don't miss out!

**12:00-13:00**

**Polegate**

**Supported by:** The Mayor of Polegate,

Cllr Dan Dunbar

[www.polegatetowncouncil.gov.uk](http://www.polegatetowncouncil.gov.uk)

01323 488114

Join us for a fun-filled show packed with special interviews, exciting quizzes, and stories from around our school community. Each episode is bursting with laughter, learning, and a few surprises along the way! Whether you love sharing ideas, testing your knowledge, or just listening in, there's something for everyone. Don't miss it—tune in and be part of the Polegate buzz!

**13:00-14:00**

**Little Gate College**

**Sponsored by:** Brewers Decorator Centres

[www.brewers.co.uk](http://www.brewers.co.uk)

01323 411080

Join the students of Little Gate College as we share our stories about disability, inclusion, and the empowering journey of learning and work. Hear how our college programme helps us build skills, confidence, and independence through real work placements with amazing Eastbourne employers. We'll chat about what makes Little Gate such a supportive

community, celebrate the power of inclusion, and play some of our favourite songs along the way. Proudly sponsored by Brewers Decorator Centres, helping us bring our voices and experiences to Eastbourne Youth Radio.

**14:00-15:00**

**East Sussex College**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Well, here's a blast from the past when we used to run a very popular EYR Battle of the Bands from the studios at (then) Sussex Downs College and subsequently live streamed from a local night club. Join the judges as they listen to live performances from young bands from across Sussex. and find out who wins our celebratory battle.

**15:00-16:00**

**East Sussex College**

**Supported by:** Eastbourne Foodbank

[www.eastbournefoodbank.enthuse.com](http://www.eastbournefoodbank.enthuse.com)

01323 409925

More bands continuing the battle. Hear from the team at Eastbourne Foodbank that was founded in 2011. Did you know that this is the busiest foodbank in the country with 287,000 meals delivered in 2023 and more than 130 volunteers plus full-time staff – right on our doorstep

**16:00-17:00**

**East Sussex College**

**Supported by:** Holding Space

[www.holdingspace.org.uk](http://www.holdingspace.org.uk)

07922 851207

Final bands perform and then find out who is victorious in our celebratory battle. Some important messages from Hansa at Holding Space to help with mental health and wellbeing.

**17:00-18:00**

**East Sussex College**

**Supported by:** Eastbourne & Lewes

Community Safety Partnership

[www.lewes-eastbourne.gov.uk](http://www.lewes-eastbourne.gov.uk)

07939 578415

An important hour with our friends from ELCSP and Sussex Police as we support Anti-Bullying Week and 2025 theme 'Power for Good' by looking at issues around bullying, knife crime and substance abuse – don't be a victim. More celebratory content from the past 25 years with music and chat.

**18:00-19:00**

**Answer Back!**

**Sponsored by:** Eastbourne UnLtd Chamber of Commerce & EDEAL

[www.eastbourneunltd.co.uk](http://www.eastbourneunltd.co.uk)

01323 641144

The popular panel-show returns. Pre-recorded with a student audience, the panel features: Cllr Jenny Williams BEM - Tourism & Place, Eastbourne Borough Council, Peter Lindsey – Editor, Bournefree, Loretta Lock – MD, Defiant Sports and Member of Eastbourne Neighbourhood Board and Peter Marchant – CEO, Cavendish Education Trust, answer topical questions about local, national and wider issues.

**19:00-20:00**

**Radio DGH**

**Supported by:** Radio DGH

[www.radiodgh.com](http://www.radiodgh.com)

07850 410757

Radio DGH is more than a hospital radio station. We are a station for the local community. As we prepare to reach two massive milestones in the stations history next year, this is your chance to find out all about your local hospital and community radio station from what we do on air and behind the scenes to ways in which you can get involved.

**20:00-22:00**

**East Sussex College**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Join the college media students again for more documentaries, reports and music. Topics including Art and AI, music and men's mental health.

**22:00-00:00**

**East Sussex College**

**Sponsored by:** Firebrand

[www.firebrand.co.uk](http://www.firebrand.co.uk)

01323 430700

Thanks for being there. Continuing with our audio magazine of items for your entertainment into the night. Another mug of tea anyone

## **Thursday 20<sup>th</sup> November**

**00:00-04:00**

**East Sussex College**

**Sponsored by:** Eastbourne EBP

[www.eastbourneebp.org.uk](http://www.eastbourneebp.org.uk)

07958 559600

Happy Thursday and welcome to our third day on-air for this fabulous 25<sup>th</sup> anniversary broadcast. More for the night owls from the college media students to keep you entertained and awake!

**04:00-07:00**

**East Sussex College**

**Sponsored by:** Bournefree

[www.bournefreelive.co.uk](http://www.bournefreelive.co.uk)

01323 430303

Counting down to the start of another day of fabulous programs on EYR. Shout out to the team at Bournefree who look after our press coverage and produce the annual programme booklet – 24 pages this year.

**07:00-08:00**

**East Sussex College**

**Supported by:** Brufords

[www.brufords.com](http://www.brufords.com)

01323 725452

Ease into your Thursday with the perfect soundtrack for your morning. Join hosts Elizabeth, Lucy and Connie again for great music, the latest updates and a relaxed start to your day-only on 87.7FM. Shout out to longtime supporter Brufords, another family run firm, founded in 1886.

**08:00-09:00**

**East Sussex College**

**Sponsored by:** Cooden Consulting

[www.coodentaxconsulting.co.uk](http://www.coodentaxconsulting.co.uk)

01424 225345

Part-2 of our breakfast show featuring more good music, news and lively chat. The word tax conjures up various responses when mentioned but did you know that there are special arrangements and benefits around business research and development activities. Cooden are the local specialists and will tell us more.

**09:00-10:00**

**Our CEO's Hour**

**Sponsored by:** Edwards Ltd

[www.edwardsvacuum.com](http://www.edwardsvacuum.com)

01323 501147

Join Rebecca Conroy, CEO of East Sussex College Group for a personal show of music, interviews and general chat including a look at education today and employment for young people. A word or two from engineering apprentices employed locally by Edwards and news about a new wellbeing App – MyLifeMe from Emma Disney.

**10:00-11:00**

**Stone Cross School**

**Sponsored by:** UpCountry Garden & Country Store

[www.upcountrystorehouse.com](http://www.upcountrystorehouse.com)

01323 488188

Tune in for an hour of lively entertainment and informative chatter with Stone Cross School in partnership with UpCountry Garden and County Store. Be blown away with amazing facts on space, hear about some super books, and learn more on different artists and art techniques. If you want to test your knowledge, then try our movie or language quizzes or can you finish the line in our musical test? The show is a mixed bag with so much to look forward to; be sure not to miss it!

**11:00-12:00**

**Bede's Senior School**

**Sponsored by:** Lightning Fibre

[www.lightningfibre.co.uk](http://www.lightningfibre.co.uk)

01323 380260

Get ready for an hour of talent and conversation from Bede's Senior School! This student-led programme kicks off with an interview with Lightning Fibre, before diving into musical showcases from the BTEC band and the acoustic sounds of Equilibrium.

Hear powerful student voices in 'Her Voice', a scripted segment led by students and teachers, and enjoy a solo performance or two from one of Bede's talented singers. The show also features a fun preview of the upcoming Bede's production of Les Misérables. Finally, school prefects will discuss the mission of the Bede's Foundation and how the school cultivates a joyful education.

**12:00-13:00**

**Meet the Media**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Hear from industry media professionals (all EYR alumni) and how they got started, plus their tips and advice for breaking into the field. The panel features: Oscar Williams – camera operator for OB facilities company Racetech, Erin Bacon – UI Planning Manager at Sky, Chris Bailey – Audio & Creative Producer at On the Sly Audio Production, Serena Rosa Box – Head of Media, PR and External Affairs at Association of Optometrists and Autumn Browne – Radio Producer and Creative Practitioner at Radio Reform.

**13:00-14:00**

**The Turing School**

**Sponsored by:** Media Attention

[www.mediaattention.co.uk](http://www.mediaattention.co.uk)

07871 881653

The Turing School will be presenting an hour of music, drama, poetry, interviews and chat showcasing some of the excellent work that students have been doing so far this year. We will also be highlighting some of the community events we will be hosting this year alongside an exclusive sneak preview of this year's school production, Matilda!

**14:00-15:00**

**Willingdon Community School**

**Sponsored by:** Mears Group

[www.mearsgroup.co.uk](http://www.mearsgroup.co.uk)

07716 097329

We are Willingdon! And we are so excited to be bringing you an hour of diverting and exciting entertainment showcasing our fantastic students and their incredible achievements. Our brilliant music department have organised a series of musical interludes, we have eager hosts of panel shows and exclusive interviews with some of our staff and students. With such an amazing talent pool it is no surprise that we are a proud finalist of the Education Today Awards for Secondary School of the Year, and we look forward to bringing you our hour of radio on 20th November.

**15:00-16:00**

**East Sussex College**

**Supported by:** Emma Disney, Creator@MyLifeMe

[www.mylifeme.co.uk/app](http://www.mylifeme.co.uk/app)

07976 279624

Tune in for another hour packed with music, conversation and more exciting content from the college's media students and another chance to find out about MYLifeMe, the new App to support mental health and wellbeing.

**16:00-17:00**

**East Sussex College**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Continuing with some more fantastic live music performances and interviews with the bands.

**17:00-18:00**

**East Sussex College**

**Sponsored by:** Recruitment South East

[www.recruitmentsoutheast.co.uk](http://www.recruitmentsoutheast.co.uk)

01424 830000

And the band plays on together with interviews with the bands. Recruitment South East, partners sponsor at next year's BIG Futures Show, gives an update of what to look forward to next April and some important CV and interview tips.

**18:00-19:00**

**East Sussex College**

**Sponsored by:** Southern Water

[www.southernwater.co.uk](http://www.southernwater.co.uk)

07780 490369

We welcome Southern Water back to the EYR studios to repeat important messages about 'unflushables' and the three 'P's' – pee, poo and paper! More music too.

**19:00-20:00**

**East Sussex College**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

More music and a listen back to some earlier material produced by the media students and bands.

**20:00-22:00**

**East Sussex College**

**Sponsored by:** Domino's Pizza

[www.dominos.co.uk](http://www.dominos.co.uk)

01323 411221

Are we nearly there yet! A shout out to Domino's Pizza for providing essential supplies to help fuel the EYR team.

**22:00-00:00**

**East Sussex College**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Thanks for being there. Continuing with our audio magazine of items for your entertainment into the night. More tea anyone!

## **Friday 21<sup>st</sup> November**

**00:00-04:00**

**East Sussex College**

**Sponsored by:** Eastbourne EBP

[www.eastbourneebp.org.uk](http://www.eastbourneebp.org.uk)

07890 388624

Happy Friday and welcome to our final day on-air of EYR 2025. More music and material for you dedicated night owls from the college media students to keep you entertained and awake!

**04:00-07:00**

**East Sussex College**

**Sponsored by:** East Sussex College Group

[www.escg.ac.uk](http://www.escg.ac.uk)

030 300 39300

Counting down to the start of another day of fabulous programs on EYR. Shout out to thebestof Eastbourne who kindly promote the station via their on-line service. You can catch up on all the local events coming up and read reviews about businesses ranging from insurance, garages, restaurants and more....

**07:00-08:00**

**East Sussex College**

**Sponsored by:** Southern IT Networks

[www.SouthernIT.com](http://www.SouthernIT.com)

01323 287828

Round off the week with the Friday Breakfast Show. Join Elizabeth, Lucy and Connie once again who've got you covered with a mix of tunes, chat, and news to keep you company as things get busy in the studio. Tune into EYR 87.7M or listen via [www.eyr.org.uk](http://www.eyr.org.uk) and start your Friday right.

**08:00-09:00**

**Cavendish School**

**Sponsored by:** PRG Marketing & Communications

[www.prgltd.co.uk](http://www.prgltd.co.uk)

01323 411044

The Cavendish Breakfast team will get your Friday off to a lively start with a selection of great music and entertaining features. There will be a live studio interview with our sponsor Simon Groves of PRG Marketing. We will also have the battle that you have all been waiting for - the Cavendish School sing off contest. Who will come out on top? PE or English, you will have to tune in to find out! As well as this we have a live musical performance, impersonations, the one-minute challenge, plus all of the latest news and events from Cavendish School. Why start your Friday anywhere else?

**09:00-10:00**

**Sponsored by:** Eastbourne Borough Council  
(Green Hub)

[www.eastbourne.gov.uk](http://www.eastbourne.gov.uk)

**Cavendish Primary**

07932 816647

The Cavendish Primary hour will have two focuses this year. We will be sharing what you can do in Eastbourne for the environment and small changes we can make that could have a big impact. Secondly, we will be focusing on celebrating what makes us unique and individual and how we can celebrate our differences. Tune in for an interview, music, poems and more! Be informed and entertained by Cavendish Primary on EYR 2025.

**10:00-11:00**

**Sponsored by:** The Observatory Science Centre  
[www.the-observatory.org](http://www.the-observatory.org)

**Hazel Court School**

01323 832731

Get ready for an exciting radio show from Hazel Court Secondary and FE! This show will bring together everything you love — from hilarious jokes and toe-tapping karaoke to exclusive interviews with our headteacher and some information about the Observatory Science Centre. Tune in for lively shoutouts from across the school and a fantastic weather report packed with dramatic sound effects and plenty of surprises! It's a fun, feel-good mix of music, science, and school spirit that will keep you smiling, singing, and cheering!

**11:00-12:00**

**Supported by:** St Wilfrid's Hospice  
[www.stwhospice.org](http://www.stwhospice.org)

**East Sussex College**

01323 434271

The college media student team host a special programme exploring the very important work undertaken by the caring staff at nearby St Wilfrid's Hospice. Hear about some of the exciting fund-raising opportunities to help support the work of the Hospice.

**12:00-13:00**

**Sponsored by:** Seahaven FM  
[www.seahavenfm.radio](http://www.seahavenfm.radio)

**Cavendish School**

01323 885225

Cavendish return to offer you an early afternoon entertainment bonanza. There will be a live musical performance and our performers will look back at their recent experience in the Cavendish School musical 'The Band'. Following this we will have the latest from our resident TV expert in 'Scarlett's TV corner'. What will be on her list of must watch TV? Our team will then debate some of the most significant issues of the day, such as what is the greatest flavour of crisps? We'll have some news from our sponsors Seahaven FM and our team will also share some of their most embarrassing moments. There will also be a sports round up from Cavendish with all of the latest news. Add some top-quality music and what else could you possibly want to listen to during your lunch break?

**13:00-14:00**

**Sponsored by:** Eastbourne Borough Council  
[www.eastbourne.gov.uk](http://www.eastbourne.gov.uk)

**East Sussex College**

01323 410000

Presenters from previous annual broadcasts return to the EYR studios to share their memories as we come to the end of our 25<sup>th</sup> anniversary broadcast.

**14:00-15:00**

**Sponsored by:** The BIG Futures Show  
[www.bigfuturesshow.org.uk](http://www.bigfuturesshow.org.uk)

**EYR Close Mix**

07958 559600

Wrapping up four amazing days on-air, the EYR Close Mix celebrates 25 years of Eastbourne Youth Radio with music, laughter and creativity from the media students at East Sussex College. Before we go, a word or two about The BIG Futures Show – the largest employability and skills event in the area, taking place at Eastbourne Sports Park on 28<sup>th</sup> April 2026. A massive shout out to our lead sponsor, VACGEN, and to all of our programme sponsors who enable us to remain on-air. We'll also be saying some important goodbyes and looking forward to the next twenty-five broadcasts!

**Missed a programme?** You can tune in again via 'Listen Back' at [www.eyr.org.uk](http://www.eyr.org.uk)